

BRADNINCH LIFE

Your FREE Community Magazine

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Issue 81: November/December 2020

One Step Forward.....

... but who knows, by the time this lands in your letterbox, it may be two steps back. Let us look on the bright side though. The Guildhall and West End Hall are open and some activities have begun again. It's great to be able to re-establish the 'What's on in Bradninch' column on the back page of the magazine.

The Guildhall Trustees and Management Committee have put in one way systems on both floors and employed a dedicated 'Covid' cleaner to deep clean between each class. There certainly isn't any chance of catching anything but your reflection from the furniture and fixings.

Unfortunately there won't be any coffee mornings or film club until we have a vaccine, the risks are just too high. The same applies to the Fireworks Display, 'Celebration of Christmas' carol service and the Christmas Lights 'Switch on'. The town will have the normal lights and christmas trees, but no 'switch on' event, winter walk or mulled wine and mince pies. Twelfth Night celebrations are also cancelled. On a positive note, the Lights Committee are running a photographic competition - see next column and we will also have the brilliant bus shelter decorations by the WI, this year's theme is 'Winter Wonderland'.

Despite the lack of social activities have a safe, happy and contented Christmas and look out for one another.

Photographic Competition

Organised by the Christmas Lights Committee

To enter submit a photograph you have taken this year on the theme 'Winter is Here'.

A maximum of 3 entries per person

Photographs should be in jpeg or png format and can be in colour or black and white. The closing date for entries is 12th December and the winners will be announced in the Jan/Feb issue of this magazine. Judging will be undertaken by the Christmas Lights Committee and their decision will be final.

Prizes are: 1st - £50 multi-outlet gift card, 2nd - £15 Spar voucher, 3rd - Tin of Chocolates.

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Bradninch Tennis Club News

As the nights are getting darker earlier, there is still plenty of activity on the courts. Autumn is here and the flood-lights are on as play continues over the winter during our club sessions (Weds & Fri evenings 6-8pm and Sunday mornings from 10am-12noon) and outside of these times, those wishing to play can buy flood-light tokens from the Spar Shop for £2.

Although the nights are turning dark and chilly, we have great memories of our Bradninch Tennis Club Team Event which happened back in September. The clear blue skies provided the perfect weather for this fun event which saw two teams, The Ballbusters and The Lobstoppers, battle it out for the trophy. The event involved 16 members, aged 12 to 80, showcasing the talent and experience of the club, in an all-day competition of doubles. The trophy was won by the Lobstoppers in a thrilling last set of tennis. This was followed by a delicious cream tea, made by Juliet! (Went down an absolute treat after such fun and games).

The recent increase in club members has seen a great turn out at the club sessions and with the winter league now underway, we have seen more keen members participating in a more competitive way. The league and cup matches involve playing other local clubs in doubles and any members who would like to give this a try can get in touch for details.

The juniors' sessions have now come to an end for the winter following a successful run over the summer. Anyone interested in the next run of sessions in the spring can contact Christine for details. Please see the club website or Facebook page. (<https://clubspark.lta.org.uk/BradninchTennisClub>).

Wishing you all a safe and happy time over the next few months and look forward to seeing some of you on court.

Kimberley

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Make Your Metals Matter

Mid Devon District Council has teamed up with the metal packaging manufacturing industry and Recycle Devon to launch the 'Make Your Metals Matter' campaign to all its residents.

We use over forty four million cans, foil trays and aerosols every year in Mid Devon, the metal they are made from is endlessly recyclable and the council is determined to make sure every last one makes it into your recycling container so that they can be transformed into something new.

To encourage metal recycling, Recycle Devon is giving five lucky Mid Devon residents who pledge to recycle the metal within their home a family ticket to one of Devon's Top Attractions in 2021. To pledge simply visit recycledevon.org/metal-matters by Sunday 6, December for your chance to win.

The 'Make Your Metals Matter' campaign will include leaflets sent to 37,109 homes and will be supported with social media with the aim of reminding residents to recycle all the metal packaging found around their home, including:

- Food and drink cans
- Foil trays
- Empty aerosols
- Metal screw tops – from glass bottles and jars
- Household aluminium wrapping foil – used for baking or wrapping leftovers

If all of the metal packaging used in Mid Devon's homes each year was collected for recycling it would save around 1191 tonnes of carbon dioxide, the equivalent to taking 253 cars off local streets for a year.

Used metal packaging can be recycled into new products at a far lower cost to the environment than making them from raw materials. Making drinks cans from recycled material saves up to 95% of the energy and greenhouse gas emissions needed to make both aluminium and steel from raw materials. What's more, every time metal passes through the recycling loop the benefits are repeated, again and again and again!

Home Delivery Christmas Trees

Christmas is definitely not cancelled according to local tree nursery Pixton Woodlands at Bampton who are offering a free home delivery service of traditional Nordmann Fir Christmas Trees across Devon and Somerset. Ordering is simple and easy through their website (www.pixtonchristmas.co.uk). Walk-in customers are very welcome to visit the nursery and select their own tree, with a little help from the friendly staff.

In recognition of the bravery and hard work of the NHS during 2020, Pixton is making a generous donation of proceeds to the Devon and Somerset NHS Partnership Trusts and offering NHS staff a discount through the Health Staff Discount Scheme.

The delivery service is an ideal way to help those who are shielding or keeping to the rules to help stop the spread of Covid 19.

FLIXX UNDER NEW MANAGEMENT

Following the death of Mrs. Ann Brown, Flix Hair and Beauty in Silvertown is now under new management.

During the extended Covid 19 Virus lockdown, the salon has undergone a complete refurbishment and is now continuing to provide hair and beauty services to previous and new customers.

Silvertown Wellbeing Co-ordinator Update

Due to Covid 19 restrictions, we are still unable to reopen the Silvertown Memory Cafe but are trying to keep in touch with all our visitors. Annette is running a Jigsaw library between 2 and 2.30pm every Thursday afternoon at St Mary's Church Hall, Silvertown. We have a wide variety of jigsaws, from very easy, with large pieces, to the more difficult ones up to 500 pieces, to suit all abilities. We are happy to lend our puzzles to anyone who would like to borrow one or two. We would need your contact details, if we do not already have them, so do go along if you would like to try. Face coverings must be worn and hand sanitiser is available in St Mary's Church hall.

I am offering home visits to anyone who has memory loss or dementia. I can give advice about the condition and where help can be found. I observe all the safety guidelines and am happy to meet outside if that is preferred. Caring for a person with dementia can be quite a challenging and difficult undertaking and I am happy to give confidential and practical advice, so do give me a call if you would like some support.

For people who need help with getting started to use the internet on computers, iPads or smart phones, Wyndham House Surgery and The Friends of Wyndham House Surgery have employed a lovely lady called Joan to help you. Soon you will be able to borrow a tablet computer to try out before you buy one of your own. Joan can help you with online shopping, ordering prescriptions, making video calls with family and friends and researching all sorts of information. Joan is able to help anyone who lives in the local community even if they are not registered at Wyndham House Surgery. Her telephone number is:- 0758 156 7464 and her email is:- wyndhamdsp@gmail.com, or you can leave your contact details at the reception in Wyndham House Surgery.

If you are feeling isolated and lonely during this difficult time or have no local support and would like someone to talk to either on the telephone or with a safe visit, please do get in touch with me as I might be able to help.

The Balance Classes and the Film Club are still unable to go ahead.

Trish Jones

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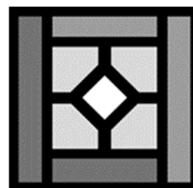
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SILVERTON & EXE VALLEY SENIORS AUTUMN NEWSLETTER

Earlier in the year it had been hoped that the coronavirus restrictions might have achieved their desired effect by the end of the summer, holding out the possibility of being able to offer some activities in the last quarter of the year. However, National Trust properties (including Lanhydrock) remain closed as is the Brecon Mountain Railway (both outings being due to take place in October) and the Club has been notified by the organisers of the Gloucester Christmas Market (November) that they reluctantly, had to cancel the event this year. That left only the last outing in the programme (Christmas Lunch at the Waie Inn) to be considered.

Even had venues remained open, the planned outings may not have been able to take place as with 2M distancing permitting a maximum of about 26 passengers, financial viability whittling away our reserves in the order of £200 per outing would have been an issue without a price increase. As for St Mary's Church Hall, we have been advised that the maximum number of people permitted to enter the building under covid-19 regulations is only six which is not much good for Coffee Mornings. Playing whist would have been similarly affected but of course social distancing and the handling of cards would have been contrary to everything which the coronavirus restrictions were designed to prevent.

Looking now at the planned Christmas Lunch outing on Friday 18th December, Blakes are operating coaches again and the Waie inn has two coronavirus compliant sized rooms each able to accommodate 30 diners but which might mean splitting the group – subject to demand. Against the background of warnings of a second surge in the disease this winter and bearing in mind our age group with some people shielding, it seems perhaps over optimistic to hope that the level of risk will have been sufficiently lowered to enable this event and other Club events to take place safely. The decision that has been taken to cancel the outing will, I know, be a big disappointment to many members and their friends particularly those who live alone and are desperate to get out and to renew old friendships but in the prevailing circumstances the Committee and I believe that there is no realistic alternative.

As we have been unable to enjoy any of the varied of outings arranged for 2020 the plan is to rearrange most of these outings for next year and to hope that these will be able to take place. My initial thoughts, subject to better times ahead (in tune with the Prime Minister's statement on the 22nd SEP) are that the outings programme would not start until April or May (instead of March) whilst the other activities such as coffee mornings and whist would recommence when circumstances permit. Details of the rearranged programme will be advised in December/January and as previously advised 2020 subscriptions will be carried forward to next year when I hope that the Club will again be able to offer existing and prospective new members an interesting and varied programme of activities for 2021..

Martin Clough Club Secretary
38 Hederman Close Silvertown Devon EX5 4HW TEL
01392 860971 martin.mccassoc@btconnect.com

Bradninch Fireworks

It is with very, very heavy heart that after a huge amount of effort, consultation and discussion we feel it is impractical to hold the event considering the current trajectory and predictions of the covid pandemic. So this year's fireworks display is postponed until next year. Maybe we have two next year to make up. All depends on what happens. A date for next year's would provisionally be 7th November to avoid other sensitive dates. And why not one earlier in the year??

But all is not lost.

The event has raised much funding for the local under 15 groups around town and they have all been hit by loss of income from coffee mornings etc, so I propose to make an array of "fire chutneys" to use the goodwill already offered by the likes of Mole Valley and Tesco's. If folk buy and enjoy, we can more than treble their contribution for the 2021 funds.

Ideas are more than welcome. Contact mike.leonard120@gmail.com else message on FB. Keep your eyes open for notices.

Check waste and recycling collection dates online

Residents in Mid Devon will no longer receive a waste and recycling calendar. For 2020/21 the online version of the calendar will be available on the Council's website to view, or individuals can print off their own calendar

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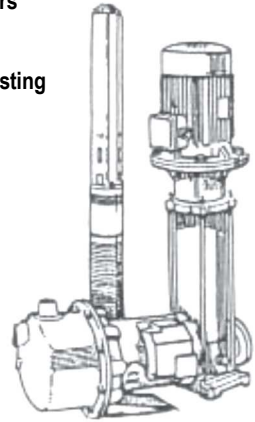
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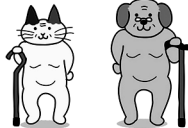


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Update from the Football Club

It's been a strange two months to say the least at Bradninch Football Club. Having said that, we are finally back to playing football. All of the youth teams and the three senior sides have all relished the fact that we can at last play the beautiful game.

We are still dealing with ever changing rules and regulations. We now have a qr code on the gable end of the building and our coaches, who have adapted to all the changes so well, are being extremely diligent, with the practices the club has put into place. We are still unable to use the changing rooms, as per covid rules, which, is frustrating as we go into the autumn months, but all the players, coaches, parents and supporters are still enjoying seeing the game being played.

I would also like to say thankyou to Adam Ferbrache a new member of the club. He has offered his services to us as a groundsman, on a voluntary basis and is working hard on getting the pitches looking good.

We also have a couple of bits of exciting news that we hope to bring you in the new year! Watch this space!

Thankyou for your continued support
Gary Osborne

Bradninch Women's Football Team

are delighted to have been warmly welcomed to the football club for season 20/21. We are very excited to be heading into our second season, the first as Bradninch Women's and thank the community and The White Lion for their ongoing support and sponsorship.

Since coming together in September 2019 for our first season, we have progressed immensely as a team and with each, every player working hard and making the effort to work together to achieve the results we are aiming for.

Although there is a strong line up for the Devon Women's football league, we have had a great start to the season, with fantastic football being played as a team and close results in the first few games of the season. We are all looking forward to what the season holds for us, becoming stronger and achieving results as Bradninch Women's FC.

Girls Under Sixteens

The under 16 girls team have kick started their new season with two games so far.

We have travelled to Torquay and Exeter and although we haven't won yet, we have shown some excellent progress and have managed to score some goals already this season. We have games every Sunday until Xmas and we are hoping that we can avoid a lockdown any time soon as the girls are really enjoying playing football after such a long lay off. As I have said before Bradninch FC are extremely proud to have both a youth and senior female squad.

Under Nines

After a very strange end to the season back in March, the Bradninch Under 9's are now ready and raring to go for the 2020/2021 season. Having started back training early September, we have been

working hard every Wednesday on preparing for the coming season, whilst also working within the new covid rules and the clubs covid risk assessment.....which has been very challenging!

We now have eighteen players signed on for the coming season, which is amazing to see so many kids active and playing a sport they love together. We will be playing in the Exeter youth league this season and welcome our first game on 24th October at Kensham Park.



Under Nines in their new kit

We have very kindly been sponsored by Bradninch Life this season, which has provided new training kit for the kids, it is a huge privilege and honour to have such a fantastic local organisation showing their support for this truly amazing football club. From all of us in the U9's.....THANK YOU.

We are very much looking forward to this season and can't wait to get matches underway. I just want to say a huge thank you to all the parents involved with the U9's, you guys are fantastic, also huge thank you to Coach Mark and coach Amanda for your help so far.....it is very much appreciated. All the best Coach Chris"

Under Sevens

The Bradninch Under 7s section is approaching the football pitch with energy this autumn. Volunteers banded together to offer a football 'taster' for all kids in year one and two. On Tuesday September 29th, twenty one youngsters flooded the pitch with enthusiasm.

Each Tuesday since that taster a herd of kids, eager to develop their footie prowess, tackle the challenges set for them and will not be deterred by inclement weather! The Under seven squad has come out of a ten month furlough, so volunteers are keen to harness this renewed interest. If we manage to arrange a match this season it will likely be the most entertaining of the year!

Watch this space, we are the future of the mighty Bradninch Football Club

Another Christmas joke

How do you help someone who's lost their Christmas spirit?

Nurse them back to elf.

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Bradninch Acoustic Music Club



After a lot of cleaning and measuring, we reopened the Club for October and it worked very well so we invite you to our next impromptu evening of local talent.

Bradninch West End Hall
Tuesday November 10th
Doors open 7.30 for 8.00

£2.50 on the door

Please bring correct money.

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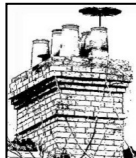
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CONTACT VINNY

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Waterstave Bridge

Recovered stone stored at DCC depot.



Many residents will remember the local floods of 2012 when Grade 2 listed Waterstave Bridge (en route to The Merry Harriers pub) was partially washed away. DCC arranged for a new bridge to be built and also for some of the original stone to be stored, awaiting a new use in our community.

The Town Council would like to hear from any residents or local groups who have ideas for what this use could be and are interested in becoming involved in a project to re-use the stone within the community.

Please ring or email the Town Clerk on:- 881 641 or clerk@bradninch-tc.gov.uk

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Hands, Space, Face and Connect

As I write the mornings are dark and the evenings are drawing in. However the last few days have been crisp and the leaves on the trees are a golden red and yellow that make my drive to work a mix of impressive shade and colour. It is a time of change, a time to reflect, and a time to plan for the winter. All of this of course mirrors where we currently are and I am afraid predicting where we are going would be foolhardy.

Over this winter connecting with as many people as possible, using whatever routes available, will be essential; a quick 'Hello' over the garden fence is just as important as a long Zoom call with a relative in Australia. Making sure we all have as many avenues of communication as possible is really important. The internet and computers are fully integrated into the lives of the majority of the population; everyone in my family gets withdrawal symptoms very quickly if the WiFi is out of action. However, there is a large percentage of those over 65 who do not use computers, smart phones and iPads as much as they could. With these in mind the surgery launched our Digital Social Prescribing Scheme at the beginning of this year led by Joan Povey. The roll out was hampered by the lockdown however this has also led to many more people equipping themselves with new or updated electronic equipment over the summer. Joan is on hand to help you learn to get started or enhance your internet skills so you can do on-line shopping, order prescriptions, make video calls with family and friends and research all sorts of information. She is able to help anyone who lives in the local community even if they are not registered at Wyndham House Surgery. Her email is wyndhamsp@gmail.com or you can phone to leave your contact details at the reception in Wyndham House Surgery and she will give you a ring. No matter how much or little you know, if you want to learn more please contact Joan – she is a wealth of information, a fantastic teacher and will find a way of helping you out.

It is entirely possible that a vaccination for Covid will start to be rolled out before Christmas however it is also far more certain that whatever the science produces we will be restricted in our socialising and normal activities until at least Spring and more probably the summer. So, as winter comes, it is really important to stay distant, wash your hands as frequently as possible, wear masks and ensure you have made the connections with your family, your neighbours and your community as strong as possible.

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Bradninch Acoustic Music Club's Christmas party evening

Foxwillow are longtime friends of the club and Bradninch Musical gardens. The trio are singer/songwriters Martin Dearnun and Celia Sainsbury, with Hazel Prior on the Celtic Harp. Their original songs encompass elements of folk, country and rock, enhanced by strong vocal harmonies to create a unique sound.

This is underpinned by Martin's crisp rhythm guitar, Celia's melodic flute and clarinet, and Hazel's ethereal and creative harp playing. Foxwillow's songs reflect a strong connection to the natural world, and are sung and played with energy and passion

Cost is £6, which will include a raffle ticket. There will be sausage rolls, mince pies & cream, and soft drinks, a bag of crisps or similar on the door with paper cups and plates.

With the constraints imposed during this crisis to make all such events covid-safe we must manage the numbers and capacity of the hall. Our October evening proved successful and we have a working model that will be fine-tuned for November.

The evening will therefore be a "ticketed" event. People need to be booked in by either pre-paying at the November evening, or contacting Colin (882036) or Mike (881566 or mike.leonard120@gmail.com) there will be an event on Facebook. **Tickets will not be available on the door.**

Of course things can always change and we may be required to go deeper into restrictions, but we are being cautious and positive.

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| Tues | | 09:00 – 11:30 | 09:00 – 11:30 | 09:00 – 11:30 |
| Weds | 09:00 – 11:30 | 09:00 – 11:30 | | |
| Thurs | 09:00 – 11:30 | | 09:00 – 11:30 | 09:00 – 11:30 |
| Fri | 14.30 - 16.00 | 09:00 – 11:30 | 09:00 – 11:30 | |

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Bradninch Acoustic Music Club's Christmas party evening with

Foxwillow

Foxwillow are long time friends of the club and Bradninch Musical gardens.

They are a singer/songwriter duo who have been playing together since 2000. With Martin Dearmun, guitar & vocals and Celia Sainsbury, vocals, flute, clarinet & guitar. They will be joined by Hazel Prior - harpist.

10th December at West End Hall, Bradninch
Tickets £6

Places to be booked beforehand by contacting Mike (881566) mike.leonard120@gmail.com, else Colin 882036

Doors open at 7.30 for 8.00

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| | | | |
|--------------------------------|-------------------|--------------------------------|-------------------|
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| Bradninch Arts Group | tel: 01392 881873 | Bradninch Tennis Club | tel: 07938 882594 |
| Bradninch Baby & Toddler Group | tel: 01392 881869 | Bradninch WI | tel: 01392 882091 |
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| Bradninch Tennis Club | tel: 07938 882594 | The Post Office | tel: 01392 881212 |
| Bradninch Town Council | tel: 01392 881641 | The Royal British Legion | tel: 01392 881677 |
| Bradninch Town Trust | tel: 01392 881869 | Wyndham House Surgery | tel: 01392 860034 |

WHAT'S ON IN BRADNINCH

NOVEMBER

| | | | |
|------|--------------------------|-------|---------------|
| 2nd | Yoga | 7.00 | Cricket Club |
| 2nd | Pilates | 9.00 | The Guildhall |
| 2nd | Ballet | 4.00 | The Guildhall |
| 3rd | Move it or Lose it | 10.30 | West End Hall |
| 3rd | Ballet | 4.00 | The Guildhall |
| 5th | Taekwondo | 18.00 | The Guildhall |
| 6th | Yoga | 9,15 | Cricket Club |
| 6th | Ballet | 10.00 | The Guildhall |
| 6th | Bradninch Millers Morris | 19.00 | The Guildhall |
| 9th | Yoga | 7.00 | Cricket Club |
| 9th | Pilates | 9.00 | The Guildhall |
| 9th | Ballet | 4.00 | The Guildhall |
| 10th | Move it or Lose it | 10.30 | West End Hall |
| 10th | Ballet | 4.00 | The Guildhall |
| 10th | Acoustic Club | 7.30 | West End Hall |
| 12th | Library Van | 11.00 | The Guildhall |
| 12th | Taekwondo | 18.00 | The Guildhall |
| 13th | Ballet | 10.00 | The Guildhall |
| 13th | Bradninch Millers Morris | 19.00 | The Guildhall |
| 13th | Yoga | 9,15 | Cricket Club |
| 16th | Pilates | 9.00 | The Guildhall |
| 16th | Ballet | 4.00 | The Guildhall |
| 16th | Yoga | 7.00 | Cricket Club |
| 17th | Move it or Lose it | 10.30 | West End Hall |
| 17th | Ballet | 4.00 | The Guildhall |
| 19th | Taekwondo | 18.00 | The Guildhall |
| 20th | Ballet | 10.00 | The Guildhall |
| 20th | Yoga | 9,15 | Cricket Club |
| 20th | Bradninch Millers Morris | 19.00 | The Guildhall |
| 23rd | Pilates | 9.00 | The Guildhall |
| 23rd | Ballet | 4.00 | The Guildhall |
| 23rd | Yoga | 7.00 | Cricket Club |
| 24th | Ballet | 4.00 | The Guildhall |
| 24th | Move it or Lose it | 10.30 | West End Hall |
| 26th | Taekwondo | 18.00 | The Guildhall |
| 27th | Ballet | 10.00 | The Guildhall |
| 27th | Bradninch Millers Morris | 19.00 | The Guildhall |
| 27th | Yoga | 9,15 | Cricket Club |
| 28th | Library Van | 9.45 | The Guildhall |
| 30th | Ballet | 4.00 | The Guildhall |
| 30th | Pilates | 9.00 | The Guildhall |
| 30th | Yoga | 7.00 | Cricket Club |

DECEMBER

| | | | |
|------|--------------------------|-------|---------------|
| 1st | Move it or Lose it | 10.30 | West End Hall |
| 1st | Ballet | 4.00 | The Guildhall |
| 3rd | Taekwondo | 18.00 | The Guildhall |
| 4th | Yoga | 9,15 | Cricket Club |
| 4th | Ballet | 10.00 | The Guildhall |
| 4th | Bradninch Millers Morris | 19.00 | The Guildhall |
| 7th | Ballet | 4.00 | The Guildhall |
| 7th | Pilates | 9.00 | The Guildhall |
| 7th | Yoga | 7.00 | Cricket Club |
| 8th | Move it or Lose it | 10.30 | West End Hall |
| 8th | Ballet | 4.00 | The Guildhall |
| 10th | Library Van | 11.00 | The Guildhall |
| 10th | Taekwondo | 18.30 | The Guildhall |
| 11th | Ballet | 10.00 | The Guildhall |
| 11th | Bradninch Millers Morris | 20.00 | The Guildhall |
| 11th | Yoga | 9,15 | Cricket Club |
| 14th | Yoga | 7.00 | Cricket Club |
| 14th | Ballet | 4.00 | The Guildhall |
| 14th | Pilates | 9.00 | The Guildhall |
| 15th | Move it or Lose it | 10.30 | West End Hall |
| 15th | Ballet | 4.00 | The Guildhall |
| 17th | Taekwondo | 18.00 | The Guildhall |
| 18th | Ballet | 10.00 | The Guildhall |
| 18th | Bradninch Millers Morris | 19.00 | The Guildhall |
| 18th | Yoga | 9,15 | Cricket Club |

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Please send copy to Little Morland, Bradninch EX5 4NA,
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Items will be published at the editor's discretion.

The magazine is delivered free to over 1000 households in Bradninch, Hele & Ellerhayes. Copies are also available at the Spar in Silverton, Spar in Bradninch and the Exe Valley Farm shop, Thorverton.

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