

# **BRADNINCH LIFE**

# **Your FREE Community Magazine**

Delivered to over 1000 households & online at www.bradninchlife.co.uk Issue 75: January/February 2020

# Best Wishes for a Happy & Prosperous New Year

It's the start of a new decade and big changes are in store for the country. Whatever your views on Brexit or the new administration, it's time to look forward to the future and put past divisions behind us. By working together there is no limit to what we might achieve.

A good example of this is the completion of Bradninch Football Club changing rooms. Due to sheer hard work and the dedication of players, coaches and supporters they have built and equipped a facility which does credit to the club and the town There is an open day on Saturday 18th January, so go along and admire their handiwork, they are an example to us all

And after that you can have a free coffee at Antiques Village using the voucher opposite.



# Come and have a Free Coffee at Antiques Village

The new Dovetail Café at the Antiques Village is now open. To celebrate the opening, thank local customers and well wishers and to welcome Bradninch and Hele residents, the directors are offering a 'two for one' on tea or coffee in the café on presentation of the voucher below. So pop along and enjoy a browse.





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# bradninch tennis club

# Bradninch Tennis Club award Junior Player with Trophy



Jake Lucas (pictured on the right), aged 9, from Bradninch was awarded the Pat Dickens' Memorial Silver Salver from Cliff Bennett, the Club Chairman. Jake was chosen as this year's winner by Juniors' Coach, Christine Porter. She said that Jake attended every session and is always enthusiastic and helpful. He has also shown that the best way to improve your skills and ability in your sport is by regular practice.

The runner up was Gabrielle Coles (pictured on the left), also from Bradninch, who was recognised for her good selection of tennis strokes which she employs with power, often surprising her opponents.

Pat Dickens passed away in November 2015. She was a member of Bradninch Tennis Club for many years and played well into her 80's.

If you are interested in finding out more information about the Club visit https://clubspark.lta.org.uk/BradninchTennisClub

#### A NIGHT AT THE MOVIES

The community cinema starts the new year with the Elton John biopic Rocketman followed in February by Downton the big screen version of the wildly popular ty series.

The cinema which has been running since September 2018 was set up and run by the Guildhall Management Committee as a community resource and also to raise funds to help maintain the Guildhall.

The project has been very successful with good attendance each month which is fortunate as the Guildhall Management Committee have to pay a £100 licence fee for each showing before making any profit.

The Guildhall Management Committee are always looking for volunteers to join the committee. If you would like to help, come along to the film and have a chat with one of the committee members.



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Engaging Rural Micros is a research trial to learn how to stimulate positive mindsets towards improving business efficiency.

Micro businesses, freelancers and sole traders (less than 10 employees) make up 90.1% of Devon's rural economy\*. Research suggests that there is a need for these rural micros to overcome their tendencies towards overworking, and increase time working on the business rather than in the business.

Are you a business owner who can relate to this? Is your dream to increase efficiency within your business, free up time, and reach that elusive 'work-life balance'? Then get involved in this new research trial!

The trial will look at different ways of providing support to these businesses. All participating businesses will receive:

business monitoring for up to 12 months, completing three business analysis surveys over the course of the trial

a business insight report at the end of the project

information on the trial outcomes and future support

an invitation to an event at the end of the project, which will be a great networking opportunity for local businesses.

The trial will be based in rural areas of Devon (outside of settlements with a population over 10,000).

If you are a micro business owner, freelancer or sole trader, sign up online at www.engagingruralmicros.com or contact engagingruralmicros@devon.gov.uk before the end of December 2019.

#### SUSTAINABLE BRADNINCH EVENTS

Sustainable Bradninch Coffee Morning 09.30-11.30 at the Guildhall on Saturday 4th January. Free environmental gardening and recycling advice from our local experts. Repair cafe demo (sewing and electricals). Free wild flower seed bombs. Raffle of unwanted xmas presents.

Sustainable Bradninch Green drinks/meeting

3rd Jan at The Castle 7.30 start for Sustainable Bradninch Business. 8pm onwards for more green chat. Come along if you 'd like to share your ideas and/or get involved with organising up and coming events.

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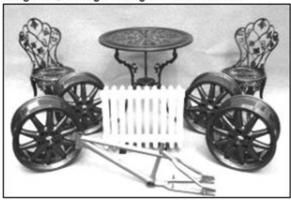
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# **Bradninch Football Club**

Happy new year from all involved at the football club. It's been an amazing year for the club.

On the pitch we have had some great performances from all of our teams, some decent cup runs and even a new under 6s team join the fold. This is essential to the club moving forward.

We have five youth teams now at the club, including the under 15 girls team and have approximately seventy eight players actively involved in playing regular football representing Bradninch. This is a huge number from such a small town and it's down to the hard work and commitment of the few coaches that give up their time to run the teams. All of the youth teams are currently training at Cullompton Astro turf in the week and it's a pleasure to see the dedication of both the players and the coaches to continue training in the cold and often wet months!

The two senior teams are still very well represented each week we have a full senior team playing both home and away, again with the full support of the managers and coaches, who work tirelessly to produce some excellent football.

#### **New Changing Rooms**

Off the pitch we have been extremely busy too. The changing rooms are now fully working and open for business. I can't stress how important this building is to Bradninch fc.

It's our first ever changing rooms on the site and it's taken several years to get to this stage. There have been a few key individuals who have made this a reality, they know who they are and we will thank them all in January.

This leads me onto the official opening, we are planning to have an event on Saturday 18th January 2020.

We would like to show the whole of Bradninch what Bradninch fc are all about. We want to welcome everyone in the community to come up and see what we have achieved. We will have some of the youth teams playing football in the morning and one of the senior teams in the afternoon.

We are hoping to have someone from the surrounding football world to officially open the changing rooms around lunchtime. We plan on serving up some food and drinks during the day.

Do please feel free to turn up on the day and look around our new facilities .they are some of the nicest changing rooms in the area and we are all extremely proud of them.

Happy New Year from Bradninch Football Club, see you on the 18th.

Gary Osborne

## **Silverton & Exe Valley Seniors**

# Events & activities for the **50s** plus!

Details of the 2020 Excursions programme will be announced early in the New Year with the full programme being available to take away from the AGM (followed by Tea & Cake) in the Silverton Community Hall on Wednesday 26<sup>th</sup> February commencing at 2:30 PM.

If you would like more information about any of our outings & events or would like to join the Club (annual membership £5) please contact Martin Clough Club Secretary 38 Hederman Close Silverton EX5 4HW Devon 01392 860971 or e-mail: martin.mcassoc@btconnect.com

Some New Year Jokes....

I would lose weight for my New Year's resolution ... But I hate losing!

What is a New Year's resolution? Something that goes in one year and out the other



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# Twelfth Night Lantern Parade and Bonfire

The great Bradninch tradition of the Twelfth Night Lantern Parade and Bonfire will be held on Monday 6<sup>th</sup> January 2018. We will celebrate the end of Christmas and the start of the New Year by parading through the streets of the town with our lanterns and making as much noise as possible. There will be singing and dancing at The Guildhall before we take our old Christmas trees and lanterns to a big bonfire to be burnt. It is lots of fun and we hope you and your family will join in.

This year's theme will be Nature & Space 2019 was the 50<sup>th</sup> anniversary of man landing on the moon.

#### **Lantern Making Workshops**

Bring your family along to the lantern making workshops at The Guildhall on:

# Friday 3<sup>rd</sup> through to Sunday 5<sup>th</sup> January, from 10.00 am until 5.00 pm.

Lanterns are easy to make and will probably take just a few hours to do (although yours can be as big and elaborate as you like!). All the bits and pieces that you will need will be provided and there will be grown-ups available to help you and to show you what to do. There will be a charge of £3.00 per lantern to cover the cost of the materials. All you need to bring is a jam jar lid, a pair of secateurs or scissors for cutting the willow and your imagination. All lanterns to be cleared during Saturday.

#### **Lantern Coffee Morning**

The coffee morning of the 28<sup>th</sup> is for the Lanterns and 12<sup>th</sup> Night, so do come along. **All help, offers of cakes and bakes and raffle prizes very welcome**. You may just get one too many boxes of chocolates that you need rescuing from or that wine auntie likes!

#### **Lantern Parade and Bonfire**

The parades will take place on **Monday 6<sup>th</sup> January 2020 at 6.30 pm**. It is hoped, one parade will start at the top of Townlands in West End Road and the other will start at the bottom of Hornbeam Gardens in Parsonage Street. You can either join in at the start or join in as the parade passes you. The two parades will meet at The Guildhall at approx. 6.50 pm where there will be singing, and dancing from Bradninch Millers Morris. Everyone will be carrying their lanterns and noisy instruments and dragging their old Christmas trees along for the bonfire.

Once we've all met at the Guildhall, the noisy parade will continue down Millway to the football field where there will be a big bonfire of the Christmas trees and you will be able to enjoy some hot soup and more. The road closure order has been granted – we are still looking for a couple of volunteers to man the "Road Closed" signs.

Cont'd on page 9

#### Cont'd from page 8

If you don't want to drag your old Christmas tree along on the parade, you can drop it off at the football field on the afternoon of Monday 6th January - we would welcome a small donation to cover costs.

Any questions please contact Nina Smith 01392 882615 else via the Facebook page.

We hope to see you at the lantern making workshops and at the parade. **Merry Christmas!** 

## Musical Gardens 2020

There may be a need to dispel a rumour arising from the report of the town council meeting.

The 2020 Musical Gardens WILL happen and I dearly hope it will be the very best we can offer the 100's of visitors and guests it attracts.

Next year is the 20th Music Festival, an amazing achievement for a free at source, community based, open music event. So, I wish to make 2020 a year of amazing music in celebration of our achievement, especially showcasing young and up and coming artists and performers.

It will also be my last Music Festival as "booker" or organiser and am proposing the Gardens weekend takes a fallow year in 2021.

I have managed to secure some funding so the weekend will not be a "beg, borrow or steal" event as can offer musicians and performers a little more than just endless tea and cake.

Therefore, we could have a profusion of young and old artists to move across the venues. A major venture but one I hope the town will rise too.

An early Call for Bradninch & Hele Gardeneers Next year's Musical Gardens weekend will be the 6th & 7<sup>th</sup> June and I would love to have 20 venues for the 20<sup>th</sup> Festival celebration.

Would you like to throw open your gates and be a part of this year's weekend event?

The Musical Gardens weekend has long been the main source of funding for the Bradninch Music Festival but is becoming broader in the local causes it supports.

The weekend draws hundreds of people to our town and is considered a very unique event and one we should have pride in.

All things to be chatted about. If at all interested in opening or helping or clever idedo please contact Mike Leonard mike.leonard120@gmail.com or 01392 881566

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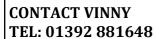
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Mike Lamb

A thought of light hovers over dark Desolation.

A sabled vale of the heart Laments its colour gone. An indifferent sun divulges Her fragile glory.

A careless breeze blows over barren Beauty.

A bird-bat a-birling escapes Vision blackly.

A swarm of arid leaves is pendant Upon crooked limb.

A rainbow plunges, bolts into Sodden ground.

A huddle of trees the shouldering Glare silhouettes.

A lance all-radiant hurled, splinters Off nimbus shield.

A rafter empty, it hosted afore A guerdon of light.

An innkeeper, at triad quitting, Farewell doth wave.

A moon-owl laments afar, a Muted moan.

#### January beholds this way and that.

A horse, its breath smokes forth as Exhalation o'er dewy dusk.

A street lamp makes of the wet lane A glistening lattice.

A lone cow sneezes, splotches and tromps '
Twixt puddles of mud.

A zenith in noon's light summons in soil – Downed limb of tree.

A raised field with horizon white Certifies its cold.

A whirr of pheasant doth go,

Rove above gate to hedge.

A liquid glaze of the rill, it

Ripples down fold of field.

A sheep is gledged amid

A ravelled web of wood.

A leaf-ridded tree now bowers The faint sun's blaze.

A little lamb bob-nodding, on green acres Is blithe.

A snowdrop-surprise doth blazon Some hope of Spring. A caliginous cloud here shields

Our star of day.

February awhile is tardy to pass.

## **An Interesting Research Project**

Wyndham House is currently involved in a Welcome research project running over the next three years examining the effects of waiting times on patients. Our role will be to help with collecting the experiences of patients and staff operating in a rural practice. These will be compared with the experiences of patients in a practice in a deprived community in East London.

None of us want to wait for healthcare. We need healthcare when we feel unwell, or anxious, or are in pain. Waiting, in these situations, can feel like an agony or as if no-one cares. Yet many health practices involve waiting: from the 'watchful waiting' that a GP may use in order to work out what is really wrong, to the slow time of psychotherapy for mental health difficulties, to the waiting that is an integral part of care at the end of our lives. Waiting, then, might be something we want to decrease in some situations and increase in others.

The politicians have been arguing about waiting times in A&E and for GP appointments. We are lucky at Wyndham House to have excellent access but this is built on both patients and our staff appreciating the importance of time and how it constantly changes with circumstances. Our priority is to adapt to the needs of each individual by using a system that is flexible.

This only works when used appropriately by everyone and I am pleased to say that this has always been the case for all the time I have been working at the surgery. I am also very aware that more than 10 minutes with one patient means others will spend longer in the waiting room. However I think all patients understand that at some point in the future they might need longer in the consulting room themselves.

Conversations with the research team have led me to think about time in another context; it is often a currency. We 'give', 'spend', 'offer' and 'share' time, all verbs that we also commonly use when talking about money.

Time is one of our most valuable commodities and each of us has an unknown amount of it. So at the start of a new year, there are a variety of ways in which we can spend our own time. One of these might be to seek out those who stack up a lot of solitary time during the rest of the year.

This time of year presents lots of opportunities for us to alleviate some of the loneliness and isolation that exists in all communities. Spending our time trying to correct this would seem a healthy use of it. A payback for the times in the past when we have been helped ourselves.

A Happy New Year to all from the Wyndham House Team.

Another joke.....

What happened to the man who shoplifted a calendar on New Year's Eve?

He got twelve months!

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Lucy Coveney on 01392 882575 or 07734 751310



# **GCSE Maths Tutoring**

Foundation Maths Tutoring in Bradninch

Every child now needs to achieve at least a grade 4 in Maths GCSE.

Does your son/ daughter need extra maths tuition to meet this target?

I have three A-Levels including Maths, a degree in English Literature & a degree in Law.

Over 10 years experience working at a local college supporting students to reach their potential.

£20 per hour/ £10 for first session
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# little ones

# Little Ones Childcare at Budlake

Just 6 miles from Bradninch

We are based in the old school house at Budlake.
This former village school has been sympathetically converted to meet the needs of children aged between 3 months & 5 years.

We have one basic aim - To provide the highest quality childcare & early years education for every child in our care. All our staff are fully qualified AND they all hold a first aid certificate.



We have a lovely cosy baby room for just 9 under 2 year olds. Pampers nappies, wipes, sun creams & all foods are included in our fees.

We only take 29 children per day so there is lots of one to one attention, love & care!

Funding is accepted for 2, 3 and 4 year olds—this can mean up to 15 hours of 'free' childcare per week!

Contact us to find out more or to book a visit... we would love to show you our nursery!

Tel: 01392 882340 or visit www.littleoneschildcare.co.uk

#### POETRY GROUP

Calling everyone who likes poems!

We are starting a very informal poetry group, meeting once a month in Silverton's Room4U, where people who enjoy reading poetry can share their favourites with others. Everyone is welcome; you don't have to live in Silverton.

The plan is to have the first gathering on Thursday 9 January at 7.30, continuing on the second Thursday of each month thereafter, if there is sufficient support.

For this first meeting please bring along your three favourite poems and we will take it in turns to read them to the group.

For subsequent months we will choose a theme for the poems, to be decided by those present at the preceding meeting.

The cost will be £2 each to cover the hire of the room plus donations for tea/coffee.

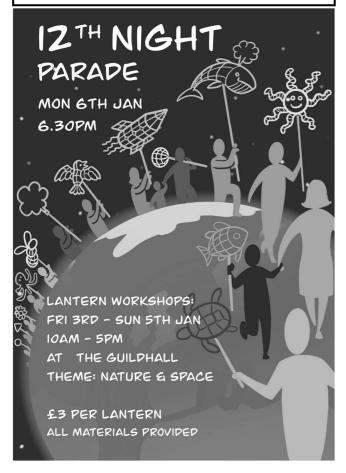
We have no idea how many people will come to this so if you would like to express an interest or have any questions, please do get in touch (contact details below). Otherwise, just turn up on the night at Room4U (situated in the Silverton village car park on Wyndham Road, EX5 4JZ)

Simone Stanbrook-Byrne & Yvonne Nicola 01392 881513 (slsbxyz@gmail.com)

Another New Year Joke

An iPhone and a firework were arrested on New Year's Eve.

One was charged and the other let off



#### GCSE, A LEVEL & UNIVERSITY COACHING; CREATIVE WRITING SUPPORT

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John Kirkaldy, 22 Fore Street, Silverton, EX5 4HP 01392 861423/07970 875601 Email: john.kirkaldy22@gmail.com



# Melody Movement

Melody Bear Dance classes for children aged 12 months upwards

Little Bear feet - movement classes for children aged 12 months + parents and children dance together

Tip Tap Toe - Tap classes for children aged 21/2 years upwards

Pre School Dance - Ballet classes for children aged 21/2 years upwards

For more information contact 01278 434623 or 07788 752491 email tamzynn.fkda@yahoo.com or visit our website www.foxkingdanceacademy.com

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## **Burns Night at Huntsham Court**

BY KIND PERMISSION OF OWNERS CHRIS BADHAM AND DAMIAN LLAMBIAS, IT IS OUR HONOUR TO INVITE YOU TO BURNS NIGHT AT HUNTSHAM COURT



Date: 23 January 2020

Time: Arrival at 7pm, Carriages at 11:30pm

Venue: Huntsham Court, Huntsham,

EX16 7NA

**Dress Code:** Black Tie

Ticket Price: £55

**Accomodation:** If you are planning on booking overnight accommodation near Huntsham, rooms are available at the Ginger Peanut.

Hospiscare will also be holding a silent auction, the details of which will be confirmed shortly.



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Fox King Dance Academy  Dog Walking  Lucy Coveney  Dani's Paws-n-Claws	Tel: 01278 434623  Tel: 01392 882575  Tel: 07958 590892	Public Houses Crossways Tavern The Silverton Inn Pump & Water Engineering	Tel: 01392 881752 Tel: 01392 860196
Hammetts Hounds Electrical Services H Pring	<b>Tel: 07891 008808</b> Tel: 01884 32292	Chenpump  Roofing CA Roofing Services Kilbride Roofing	Tel: 01752 665530  Tel: 01392 882223 Tel: 01884 252213
Estate Agents McKinley White Exercise Classes	Tel: 01392 860783	<b>Shops</b> Bradninch Spar	Tel: 01392 881212
Move it or Lose it  Florist  Peonies	Tel: 01392 882103 Tel: 01392 881751	Silverton Spar  Soft Furnishings Cosway Soft Furnishings	Tel: 01392 860226 Tel: 07701 062902
Firewood Culm Valley Firewood	Tel: 01884 32940	Solicitors Veitch Penny	Tel: 01392 344800
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## **ORGANISATIONS & SERVICES IN BRADNINCH**

Bradninch Acoustic Music Club Bradninch Arts Group Bradninch Baby & Toddler Group Bradninch Baptist Church Bradninch Beekeepers Bradninch Bowls Club Bradninch Cricket Club Bradninch Festival Choir Bradninch Folk Club Bradninch Gardening Club Bradninch History Society Bradninch Millers Morris Bradninch Scout Group Bradninch Town Council	tel: 01392 882036 tel: 01392 881873 tel: 01392 881869 tel: 01884 33052 tel: 01392 882444 tel: 01392 881408 tel: 01392 881192 tel: 01392 881195 tel: 01392 881105 tel: 01884 32256 tel: 01392 881049 tel: 01884 855270 tel: 01392 881788 tel: 01392 881641	Bradninch Twinning Association Bradninch WI Bithywind Allotments Charwell Nature Reserve College Surgery Partnership Duchy Pre-School Duchy School Peter Street Gospel Hall Power Cuts Stagecoach Bus Service St Disen's Church The Hele Society The Post Office The Royal British Legion	tel: 01392 881453 tel: 01392 882091 tel: 01392 881641 tel: 01392 881825 tel: 01392 881952 tel: 01392 881975 tel: 01392 881482 tel: 01884 33507 tel: 105 tel: 01392 881733 tel: 01392 882537 tel: 01392 881212 tel: 01392 881677
Bradninch Town Council Bradninch Town Trust	tel: 01392 881641 tel 01392 881869	The Royal British Legion Wyndham House Surgery	tel: 01392 881677 tel: 01392 860034

## WHAT'S ON IN BRADNINCH

** -					
JANUAI					
2nd	WI	19.30	The Guildhall		
3rd	Bradninch Millers Morris	20.00 10.00	West End Hall		
3rd 4th	Lantern Making Sustainable Bradninch CM	10.00	The Guildhall The Guildhall		
4th	Luke Taylor Surgery	11.00	The Guildhall		
4th	Lantern Making	10.00	The Guildhall		
5th	Lantern Making	10.00	The Guildhall		
6th	Pilates	9.00	The Guildhall		
6th	Yoga	19.00	The Guildhall		
6th	Ballet	4.00	The Guildhall		
6th 7th	12th Night parade Move it or Lose it	10.30	The Guildhall		
7th	Ballet	4.00	The Guildhall		
9th	Karate	18.30	Duchy School		
10th	Taekwondo	18.00	The Guildhall		
10th	Ballet	1.45	The Guildhall		
10th	Bradninch Millers Morris	20.00	West End Hall		
11th 13th	WI CM Pilates	10.00 9.00	The Guildhall The Guildhall		
13th	Yoga	19.00	The Guildhall		
13th	Ballet	4.00	The Guildhall		
14th	Move it or Lose it	10.30	The Guildhall		
14th	Ballet	4.00	The Guildhall		
14th	Folk Club	19.30	The Guildhall		
15th	Karate	18.30	Duchy School		
16th	Youth Club	19.00	West End Hall		
16th 17th	Taekwondo Ballet	18.00 1.45	The Guildhall The Guildhall		
17th	Bradninch Millers Morris	20.00	West End Hall		
18th	Memorial Fund CM	10.00	The Guildhall		
18th	Film Night	19.30	The Guildhall		
20th	Fitness Class	19.30	West End Hall		
20th	Pilates	9.00	The Guildhall		
20th	Ballet	4.00	The Guildhall		
20th 21st	Yoga Ballet	19.00 4.00	The Guildhall The Guildhall		
21st	Move it or Lose it	10.30	The Guildhall		
22nd	Karate	18.30	Duchy School		
23rd	Taekwondo	18.15	The Guildhall		
23rd	Library Van	11.00	The Guildhall		
24th	Ballet	1.45	The Guildhall		
24th 25th	Bradninch Millers Morris wine Circle CM	20.00 10.00	West End Hall The Guildhall		
27th	Fitness Class	19.30	West End Hall		
27th	Ballet	4.00	The Guildhall		
27th	Pilates	9.00	The Guildhall		
27th	Yoga	19.00	The Guildhall		
28th	Move it or Lose it	10.30	The Guildhall		
28th	Ballet	4.00	The Guildhall		
29th 30th	Karate Taekwondo	18.30 18.30	Duchy School The Guildhall		
30th	Yoga	19.00	West End Hall		
31st	Ballet	1.45	The Guildhall		
31st	Bradninch Millers Morris	20.00	West End Hall		
FEBRUARY					
1st	Luke Taylor Surgery	11.00	The Guildhall		
1st	Gospel Hall CM	10.00	The Guildhall		
3rd	Fitness Class	19.30	West End Hall		
3rd	Ballet	4.00	The Guildhall		
3rd 3rd	Pilates Yoga	9.00 19.00	The Guildhall The Guildhall		
4th	Move it or Lose it	10.30	The Guildhall		
4th	Ballet	4.00	The Guildhall		
5th	Karate	18.30	Duchy School		
6th	<u>W</u> I	19.30	The Guildhall		
6th	Taekwondo	18.30	The Guildhall		
7th	Ballet Bradningh Millore Morris	1.45	The Guildhall		
7th 8th	Bradninch Millers Morris Hele Society CM	20.00 10.00	West End Hall The Guildhall		
8th	Library Van	11.00	The Guildhall		
10th	Ballet	4.00	The Guildhall		
10th	Pilates	9.00	The Guildhall		

10th	Yoga	19.00	The Guildhall
11th	Move it or Lose it	10.30	The Guildhall
11th	Ballet	4.00	The Guildhall
12th	Karate	18.30	Duchy School
13th	Taekwondo	18.00	The Guildhall
14th	Ballet	1.45	The Guildhall
14th	Bradninch Millers Morris	20.00	West End Hall
15th	Duchy School PTA CM	10.00	The Guildhall
15th	Film Night	19.30	The Guildhall
17th	Fitness Class	19.30	West End Hall
17th	Pilates	10.00	The Guildhall
17th	Ballet	4.00	The Guildhall
17th	Yoga	19.00	The Guildhall
18th	Move it or Lose it	10.30	The Guildhall
18th	Ballet	4.00	The Guildhall
18th	Folk Club	19.30	The Guildhall
19th	Karate	18.30	Duchy School
19th	Gardening Club	19.30	The Guildhall
20th	Yoga	19.00	West End Hall
20th	Taekwondo	18.00	The Guildhall
21st	Ballet	1.45	The Guildhall
21st	Bradninch Millers Morris	20.00	West End Hall
22nd	Cricket Club CM	10.00	The Guildhall
24th	Pilates	9.00	The Guildhall
24th	Yoga	19.00	The Guildhall
24th	Move it or Lose it	10.30	The Guildhall
24th	Ballet	4.00	The Guildhall
25th	Karate	18.30	Duchy School
26th	Taekwondo	18.00	The Guildhall
27th	Ballet	1.45	The Guildhall
28th	Bradninch Millers Morris	20.00	West End Hall
29th	Youth Club CM	10.00	The Guildhall

To book the Guildhall tel: 01392 881869 or e-mail bradninchtt@gmail.com

# ROB PARTRIDGE

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# COMMUNITY SPEEDWATCH - VOLUNTEERS NEEDED!

If you are concerned about traffic speeds in Bradninch and would like to volunteer to help with occasional Community Speedwatch sessions, please email the town clerk on: clerk@bradninch-tc.gov.uk with your contact details.

These will then be forwarded to the local police who will contact you regarding training and other details.

You can also email to find out further information.

Bradninch Life is published bi-monthly.

Copy for the March issue should reach us by 15th February Please send copy to Little Morland, Bradninch EX5 4NA, or e-mail: bradninchlife@gmail.com Items will be published at the editor's discretion.

The magazine is delivered free to over 1000 households in Bradninch, Hele & Ellerhayes. Copies are also available at the Spar in Silverton, Spar in Bradninch and the Exe Valley Farmshop, Thorveton.

Read the magazine on line at www.bradninchlife.co.uk.

If you would like to advertise in the next issue please ring Jenny on 01392 881245 or e-mail: bradninchlife@gmail.com