

# **BRADNINCH LIFE**

## **Your FREE Community Magazine**

Delivered to over 1000 households & online at www.bradninchlife.co.uk Issue 73: September/October 2019

# **All Change Ahead**

When the next issue of Bradninch Life hits your doorsteps, we will have left the European Union (maybe). Will there be fuel and food shortages or will we be dancing in the streets celebrating our 'freedom' from European tyranny?

One thing is for certain - if there is hardship ahead the poorest and most vulnerable in our society will be the hardest hit. So if you are stockpiling tins of tomatoes and olive oil, add a couple more items for the foodbank collecting points in the supermarkets.

In the meantime, as there is very little we can do about Brexit - apart from shout and throw things at the tv when politicians are spouting their normal garbage, we might as well enjoy ourselves. Movie nights start again this month with the almost local story of the Cornish singing group from Port Isaac. This is

followed by a 'children special' Aladdin, although entirely suitable for adults. The folk club opens again in September in its' new venue the Guildhall with a cracking good programme.

If you enjoy the 12th night procession and your kids take part in the lantern workshops, please consider volunteering to help. Mike Leonard has been running it for some years, but he is now giving up. So if you want it to continue contact him. It would be a pity for it to disappear.

The annual town quiz takes place 23rd November, so submit your team to Sarah Wicks tel: 881869 or e -mail: bradninchtt@gmail.com

#### **Bradninch Gardening Club**

Wednesday September 18th 7.30pm at the Guildhall

Past, Present & Future of the Garden at Killerton Karl Emeleus, Head Gardener Killerton

Everyone welcome Non members £2.50



ADULTS £5 CHILDREN UNDER 15 £2.50 includes a free soft drink and nibbles, first glass of wine £1 Tickets on the door



# **JOHN ALDERIDGE**

Fully Experienced Carpenter (25 years proficiency in Carpentry & Building)

General Building Work ◆ Kitchen Fitting
Loft Conversion Specialist
Barn Conversions ◆ Timber Framer ◆ Cut Roofs
For a friendly competitive service
Call 07971 691141 and ask for Johnny
Please call for a free quotation.

#### **ADAM MONTAGUE**

Garden Design & Maintenance

I Bowhill Cottages Bradninch EX5 4LH

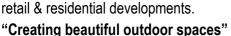
Tel: 01392 881873 or Mobile: 07901 812862

e-mail: adammontague7@gmail.com

Fruit, ornamental and native tree specialist

## BAOBAB Consulting and Design

LANDSCAPE DESIGN for private gardens, schools, commercial, retail & residential developments.



Annette Moore, Landscape Architect, BA (Hons) Dip LA, 01392 881641 or 0770 4346913

#### F & D Mobile Foot Care Service

Do You Suffer Discomfort From:

- Overgrown toe nails?
  - •Thickened or bulky nails?
  - •Corns?
  - ·Callus?
  - Cracked heels?
  - •Verrucas?
  - Fungal Infections?
  - •Ingrowing toe nails?

If so then contact F & D Mobile Foot Care Service for treatment of your feet in the comfort of your own home. Evening and weekend visits available.

Frances Brice S.A.C Dip FHP MPS Pract Darren Brice MCFHP MAFHP Qualified foot health practitioners



www.fdfootcare.co.uk | fdbrice@fdfootcare.co.uk

# 75TH ANNIVERSARY OF VE DAY

The weekend starting the 8<sup>th</sup> May 2020 – the powers that be have moved the Monday bank holiday – marks the 75<sup>th</sup> anniversary of the cessation of hostilities across Europe, after almost six years of profound terror and horrors across our planet. Pray we never see such evil again.

2020 also marks the centenary of the creation of the WW1 Peace Ground – the Rec' and Sports fields down Kensham avenue and the building of our War Memorial. Both were officially opened by Edward Prince of Wales in May 1921.

Bizarrely it is also the  $400^{th}$  anniversary of the Pilgrims Fathers embarking on their trip on the Mayflower to America –  $16^{th}$  September.

Bradninch has some strong links with the Americas through Squire Boon and his more famous frontiersman son Daniel Boon and Congressman George West.

We would like to commemorate some, not all, of these dates so am seeking any images, memories, anecdotes etc of Bradninch celebrating VE day for a display at the Guildhall over the weekend along with those who so sadly perished.

We do have some newspaper extracts and a couple of images but would welcome much more. We know there was a large party held at the top of the Passmore Road estate and an endless beacon/fire outside the Castle Inn.

Any images, words, memories etc do please contribute to Mike Leonard tel: 0392 881566 or e-mail: mike.leonard120@gmail.com.





Reliable local plumber
Bathrooms and Kitchens Fitted
Tiling & carpentry
DBS Registered

Phone Steve on 07486 873298

# LAWSON

Home Improvements PVCu Installers

Your local specialists for:
Doors Windows & Conservatories
Fascias Soffits & Guttering
External Painting
All Building Work

FREE Quotations - All work undertaken

Tel: 01392 881431 Mob: 07889 442435

59 Westfield Bradninch EX5 4QU



# Need some large wine or gin glasses to hire for your event?

£10 for hire. £1 each for any breakages. We have nearly 100 glasses.

Please contact Emma on 07903513038 for details or rawders@hotmail.com

Sustainable Bradninch

#### **CROSSWAYS TAVERN**

STATION ROAD, HELE, NR EXETER, EX5 4PW



#### OVERNIGHT SELF CONTAINED ACCOMMODATION TEL.07818 218787 OR 01392 881752

e-mail: crosswaystavern@yahoo.co.uk Or book via our website: www.crosswaystavern.co.uk

# **KILBRIDE**

# ROOFING

# SLATING TILING LEADWORK RE-ROOFING

Specialists in Listed & Older Properties

TIVERTON 01884 252213

www.kilbrideroofing.com

## **Bradninch Spar & Post Office**

Full range of fresh salad, burgers and sausages always in stock

Hot pasties and sausage rolls available throughout the day

PLUS – free to use cash machine and the usual Post Office services

Open 7 days a week: Monday-Saturday 7am-9pm Sunday 8am-8pm 8 Fore Street, Bradninch Tel: 01392 881212

#### GILLETTS SPAR & COM

There for you Quality Spar Convenience Stores There for you Throughout The South of England

A big thank you to our advertisers.
They are all local businesses.
Please support them, their ongoing support makes it possible to publish this magazine free of charge.



## Fox King Dance Academy

ISTD Dance classes in Ballet, Tap, Modern and Jazz for children from 12 months to adults Dancing for exams, festivals, performances and fun Classes take place at Bradninch Guildhall

For more information please contact 01278 434623 / 07788 752491

email tamzynn.fkda@yahoo.com or visit our website www.foxkingdanceacademy.com

# Silverton Barber Shop

Haircuts for Men & Boys

Monday so.oo am 5.oo pm Tuesday 9.oo am 5.30 pm Wednesday Home visits only

Wednesday Home visits only
Thursday 9.00 am 6.30 pm
Friday 9.00 am 3.30 pm



Concessions for over 65's & under 16's

City&s Guilds Oualified Anita Petherick 12 Fore Street Silverton 0796 8171851







All aspects of tree surgery/Tree Inspection
Stump Removal
Hedge Cutting and Reshaping
Tree and hedge planting
Hire 6inch Tracked chipper /14Tonne log splitter

Hire 6inch Tracked chipper /14Tonne log splitter
All types of fencing supplied and erected

Grass Cutting/Strimming
General Garden Maintenance

A Large Selection of Annual and Perennial Plants NPTC Qualified to British Standard 3998 Fully Insured/Free Quotations

info@fourseasons-treeservices.com www.fourseasons-treeservices.com

Oliver Vernon, Bycott Farm, Halberton EX16 7AU 01884 820839 07766 168162

## Poppy Appeal 2019

Please note that our collectors will be collecting door-to-door from the 4th-9th of November.

Our Poppy Appeal coffee morning will be held at the Guildhall on Saturday 9th November.

Your support is so important. All the money raised by the Appeal goes towards helping exservicemen and women and their dependants in times of need. Last year we raised a brilliant £2,745.15p. Let's see if we can raise even more this year.

If you are interested in collecting, or have any donations for the coffee morning raffle, it would be much appreciated.

Many thanks
Leonie Fisher
Poppy Appeal Organiser for Bradninch
Contact no: 07961 257500

#### U3A (The University of the Third Age)

U3A (The University of the Third Age) is a UK-wide movement which brings together people in their 'third age' to develop their interests and continue their learning in a friendly and informal environment.

If you're wondering what we mean by the third ageit is a time after you have finished working full-time or raising your family and have time to pursue your interests or just try something new. U3A has a 'university' of members who draw upon their knowledge and experience to teach and learn from each other but there are no qualifications to pass—it is just for pleasure. Learning is its own reward.

It's all voluntary; a typical U3A will be home to many activity groups covering hundreds of different subjects - from art to zoology and everything in between. Formed over 30 years ago, there are now over 1,000 U3As across the UK, with thousands of interest groups between them and more than 400,000 members nationally - plus we're growing every day.

Culm Valley U3A holds its inaugural meeting on Thursday 5 September 2019 at 2pm in Willand Village Hall. All those finished in full time employment or raising a family are welcome to come along and find out more.

# THE FRIENDS OF WYNDHAM HOUSE SURGERY

THE ANNUAL GENERAL MEETING OF THE FRIENDS
OF WYNDHAM HOUSE SURGERY WILL BE HELD ON
THE 2nd OCTOBER 2019 AT 2.30pm IN THE
COMMUNITY HALL SILVERTON.
DR ANTHONY O'BRIEN WILL SPEAK ABOUT
"NETWORKS FOR HEALTH"

All are welcome With thanks

Bud Wendover Vice Chairman 01392 881493

#### ROLAND HOWLISTON

**GENERAL MAINTENANCE & GROUNDWORKS** 

Landscaping, Decking, Patios, Turfing, Block & Brick Stone Walling, Driveways, Slabbing, All Aspects of Fencing.
Chainsaw Work, Grass Cutting & Strimming
Small Plumbing Jobs & Drainage Works

TEL: 01884 33020 MOBILE: 07977 675870 E-MAIL: HOWLISTON@HOTMAIL.CO.UK 83 HEADWEIR ROAD, CULLOMPTON EX15 1NN

## DUCHY GENERAL MAINTENANCE

Tel: 01392 881537, Fax: 01392 881232 Mob: 07778 663478 e-mail:christopherhore@yahoo.co.uk

#### FOR ONE STOP PROPERTY MAINTENANCE

GENERAL GARDEN CLEARANCE ♦ FENCING ♦ SHEDS ERECTED ♦
GARDEN WALLS ♦ PATIOS & PATHS ♦ CHAINSAW WORK ♦ TURFING ♦
GRASS/HEDGE CUTTING ♦ TREE SURGEY ♦ PESTICIDE SPRAYING PA1,
PA2 & PA6A ♦ PADDOCK FENCING & MAINTENANCE

KITCHENS & BATHROOMS ♦ PLUMBING ♦ INTERNAL & EXTERNAL REPAIRS ♦ ROOF & CHIMNEY REPAIRS ♦ GUTTERING ♦ PRESSURE WASHING ♦ PAINTING & DECORATING ♦ HOUSE CLEARANCE

LOGS AVAILABLE
2.7 TON TIPPING TRAILER AVAILABLE FOR DELIVERIES OR COLLECTIONS

ODD JOBS ♦ SMALL REPAIRS – NO JOB TOO SMALL ♦ FRIENDLY RELIABLE SERVICE ♦ FULLY INSURED ♦ CITY & GUILDS QUALIFIED

#### **CULLOMPTON FOOT CARE**

Where your feet matter



- ♦ Routine Foot Care
- ♦ Nails thinned and trimmed
- ♦ Care of corns and callus
- ♦ Diabetic foot care

Town centre clinic - home visits by arrangement

Janet Johns SAC dip FHPT/P

# Gilletts of Callington Silverton Spar & Family Butcher



We sell top quality meat supporting local farmers.



We also source a large range of local produce including fish, bread, cakes, milk and honey.

We have a fully stocked off licence

You can buy lottery tickets and use Pay Point for your TV licence, gas and electricity, mobile phone top-ups etc.

We sell calor gas, logs and kindling.

Open 6.30am - 10pm 7 days a week

2 Newcourt Road, Silverton Tel: 01392 860226

# H<sub>2</sub>O Plumbing & Heating

All aspects of plumbing & heating covered



Fully qualified & Gas safe registered installer

No job too large or small

Bathroom suites supplied & fitted



Lifetime guarantee on selected boilers



For a FREE competitive quote contact Dave on: 01884 242051 or 07984 449661 or e-mail: faggdavid@yahoo.co.uk



#### Le Breton Traditional

Traditional Building & Stained Glass

Based In Bradninch since 2004 Expert in Cob, Lime, Plaster Stained Glass and Carpentry

Please email at m.lebreton@hotmail.co.uk 07968944121 or 01392 881654

# GARDEN SERVICES



• Tractor Mower: Ideal for Lawns, Fields, Paddocks, Orchards etc.

Triple Gang Mower:

Ideal for Cricket/Football Pitches, Lawns, Parks etc.

• Van and Trailer Work:

Collection and Delivery Service, Removals, Garden Clearance etc.

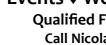
• Collect & Mulching Mowers • Strimming Work • Hedge Cutting • Chainsaw Work

Reliable with Competitive Rates
Fully Insured
All Jobs Considered
Can Travel if Required

Call Darren on 07736 362675 or 01392 881484



# Peonies Floral Design **Events ♦ Weddings**

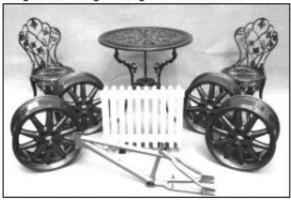




Tel: 01392 881751, Mob: 07522 261882 or e-mail: peoniesfloraldesign@hotmail.com

### Rejuvenate Your Old Metal Items

ICS provides a variety of services ranging from powder coating to hot zinc spray and shot blasting. We keep a range of about 100 colours in stock. Most are exterior polyesters, which provide excellent durability and colour retention on gates, railings and garden furniture.



Phone 01884 34506 coatingsupplies@aol.com Mon-Thurs 8am-5pm or Fri 7 am - 1 pm www.industrialcoatingsupplies.co.uk Kingsmill Ind Estate, Cullompton, EX15 1BH

### Wild Tri and Wild Tri Extreme Saturday 14 September 2019

An exciting new event comes to Devon for the first time this year when Hospiscare hosts Wild Tri, and its big brother, Wild Tri Extreme.

Routes for both Wild Tri and Wild Tri Extreme will take participants across the bleak and stunning landscapes of Dartmoor by bike and on foot, and each will include a section that will see them scrambling through pools. They will be in the capable hands of Climb South West, who have a strong track record of leading ultra-sport events throughout the South West and Wales.

It is £30 to register for Wild Tri and £35 for Wild Tri Extreme, and Hospiscare kindly asks that each registrant raises a minimum of £85 sponsorship money. For more information visit www.hospiscare.co.uk/ events/flagship/wild-tri or call 01392 688020.

### Candles on the Canal – Saturday 21 September (arrival from 4:30pm)

Family, live music and a time to remember... join hundreds of local people remembering a loved one this September. Candles on the Canal is a brand new event designed to support you and your family, and will be taking place in Exeter on Saturday 21 September at 5.30pm (arrival from 4.30pm).

Starting and ending at the relaxed and family-friendly environment of the Double Locks pub, Hospiscare is inviting people to come together to remember loved ones and celebrate their lives. As part of the evening, you will walk alongside the canal returning to see a raft of glowing candles, each one lit in memory of somebody special.

Everyone is welcome regardless of who you are remembering, how long ago you lost them or whether they were looked after by Hospiscare. The event will be family-friendly and all inclusive; four-legged friends will be very welcome too.

Ticket prices – Adults: £10, Age 12-18: £5, Under 12s: free.

For more information visit www.hospiscare.co.uk/ events/flagship/candles-on-the-canal or call 01392 688020.

#### PARKERS PLANTS

Bedding plants ◆ Herbs ◆ Perennials ◆ Cut Flowers Available from Mulberry View, Hele.



### The Bradninch Lantern Workshops and 12<sup>th</sup> Night Procession – can you help?

I am looking for someone(s) or local group to take on the mantle for arranging and running the Lantern Workshops, building the giants and the actual procession on the 6<sup>th</sup> January. Can you help?

I have promised my daughter that I will start to pull out of many of the enterprises I currently manage with our wonderful community during 2020.

My Traffic Management accreditation expires early 2022 so I am more than happy to continue to arrange the Road Closure notifications and exercise.

I need to know by September as the Highways Authority need at least 3 months notice to enact a Road closure order.

I am happy to discuss things with anyone or group about roles and responsibilities. I can be contacted mike.leonard120@gmail.com 01392881566





#### CHENPUMP UK LTD

The Pump Division of Cornwall Pump & Motor Rewinds Ltd

**PUMP & WATER ENGINEERING SPECIALISTS** 

Boreholes, Drilling & Dowsing, Wells & Private Water Supplies, Sewage & Waste Water

PH, UV, Iron Water Treatment & Filters

Pipes, Spares & Fitting

Pressure Boosting, Rainwater Harvesting

Service & Maintenance Contracts

Sales, Service & Repairs

Site & Full Workshop Service

24hr (Plymouth) 01752 665530 Aaron Bray Mobile 07973 120244

www.cpmr.co.uk www.chenpump.com Aaron.bray@chenpump.com

> A family company providing a professional service Covering all of Devon and Cornwall inc. the moors



- Residential sales and lettings services
- Highly experienced team
- Press and web marketing
- Commercial and development advice
- Call, email or pop in to arrange a free market appraisal

independent estate agents

26 Fore Street, Silverton (01392) 860 783 enquiries@mckinleywhite.com

www.mckinleywhite.com

# **CFS House Clearance**

- **House and Garage Clearances**
- **Furniture Buy and Sell**
- No job too small

**Contact Mike French** 

Tel: 07791 454557 or 01392 881342

E-mail: mike.efrench@tiscali.co.ukhouse



All Aspects of Electrical Installation
Carpentry and General Building
Renovations, Conversions and Extensions
Kitchens and Bathrooms Installed
Project Design and Management
Free Estimates and Advice

The Complete Building and Property Service
Call Henry on

01884 32292 or 07709 517042 Visit us at www.hpring.co.uk or

See Our Latest Work On Our Facebook Page

Oburnford Cider Farm Cullompton EX15 1LZ



#### **Dani's Paws-N-Claws**

Dog Walker & Pet Care Services

Free no obligation meet and greet

Dog Walking ♦ Pet visits/sitting

House sitting ♦ Pet taxi ♦ Fully insured.

07958 590892

danielle.leman@gmail.com Facebook page - @danispawsnclaws



#### Your local Unisex hair salon

Opening hours
Tuesday 9:30am-5pm
Wednesday 9:30am-5pm
Thursday 10am-7pm
Friday 9:00am-5:00pm
Saturday 8:30am-1pm

Tel: 01392 881901

18 High Street, Bradninch

#### **Bradninch Football Club.**

It's been a busy couple of months for Bradninch fc. Firstly ...a massive thankyou to everyone that turned up for Bradninch Rocks.

The rain and wind finally gave way to a gorgeous Saturday afternoon and evening. We had great bands, fabulous food and a huge turnout for our annual fundraiser.

Although it's been the summer break, lots of the teams have been training ready for the new season, the first games will be the beginning of September. We are continuing with the teams we had last year and have plans to start a new team for under 6s. We will be dropping a note into school book bags in the next couple of weeks. Our Facebook page also has some details as well.

The under 15 girls team were invited to be mascots for Exeter city ladies first game of the season. They had a training session on the pitch, then walked out with the team. We then watched Exeter win 3-0.

We have also made a couple of noticeable donations of old kit to charity. Some of the old kit and boots has been handed over to Lord's Taverners. The Lord's Taverners is the leading UK sports charity helping disabled and disadvantaged children giving them a sporting chance.

Andy Hartley then took some more kit to Accra in Ghana on a work trip. He handed an old kit to a charity called Akwaaba Volunteers who support street kids in Accra. They help local children and as you can see the kit has gone to a group of football mad kids already



Bradninch Football Club kit in action in Accra

The changing rooms are very near to completion. At the time that this goes to press we will have the waste water connection installed. This has been a lengthy process and costly! We are very nearly ready to open the doors for all of our teams to use the facilities that we have worked so hard to build. We hope to have an official opening very soon. We will update the website and Facebook pages when we have a date.

## **New Owners for 'Fagins'**

The recent change of ownership of the Old White-ways Cider Factory at Hele, will hopefully mark a new beginning for the building. Renamed 'The Antique Village', Clive and Ian, the new owners, are developing an antique emporium, where visitors will be able to browse among thousands of antiques on the four-acre site, and also enjoy a coffee and cake in the new 'Dovetail' café.

The new owners have been running a successful antique business for many years - London Fine Antiques - providing them the knowledge and experience to make the new enterprise a success.



New owners Clive and Ian shake hands with outgoing Chris Strong

Childhood friends, Clive and Ian are keen to support local businesses and will source all the coffee for the café from Wellington's specialist Brazier Coffee Roasters. They are also offering spaces for local dealers to rent to sell their products, and artisan workshops for local creatives. If you are interested in renting a space pop down to 'The Antique Village' or contact the owners directly.

The official opening will take place in early September. Keep an eye out for their 'we're open' signs outside. Clive commented: 'It has been a busy but rewarding few months; 'The Antique Village' is certainly a work in progress and visitors will see changes every time they return over the next few years'.

Follow them on their Instagram page @theantiquevillagedevon for updates on their progress.

#### Join Sustainable Bradninch

Do you want to be involved in making Bradninch more sustainable and try to reduce our carbon footprint as a community?

We are meeting on 1st September at 7.30pm in the Castle. Come and share your ideas, listen to talks by local experts or join in our events. The Repair Café runs every few months, we've held a clothes Swish and Gin night and a Uniform Swap Shop.

Newcomers welcome
E-mail emma-rawders@hotmail.com if you'd like to
join our mailing list.



**CHIMNEY SWEEPING & SERVICES** 

REGISTERED MEMBER INSTITUTE of CHIMNEY SWEEPS FRIENDLY, CLEAN & SAFE SERVICE PUBLIC LIABILITY INSURANCE £5M

INSURANCE CERTIFICATES ISSUED WITH EVERY SWEEP

Chimney Sweeping Wood-burning Stoves Multi-fuel Stoves Open Fires Aga/Rayburn Gas & Oil Flues



OTHER SERVICES INCLUDE Removal of bird nests

Resealing of appliance components
Replacement rope seals, fire cement seals and fire bricks

01884 829464 07868 589525

www.appleyardschimney.co.uk

#### ROB PARTRIDGE

**Painting, Decorating & General House Repairs** Your local tradesman 35 years working in Bradninch

Tel: 01884 34374 Mobile: 07528 680942







On-Site Computer repairs, upgrades and maintenance for your home and business.
Serving Bradninch and surrounding areas.

Windows problems solved. Virus checking and elimination.
Wireless, Internet and Networking setup and troubleshooting.
Upgrades. Data recovery services. PC cleaning and speed up.

07727046873

01392881792

computers@cromel.co.uk

http://www.cromel.co.uk

#### COSWAY SOFT FURNISHINGS



Handmade Curtains, Roman Blinds & Accessories

Design & Measuring Services Available Highly Experienced Maker Curtain Alterations Undertaken Friendly & Approachable

Contact Sarah on 07701 062902

www.coswaysoftfurnishings.co.uk

# **HERITAGE**

#### **SWEEP & CHIMNEY SERVICES**

YOUR LOCAL, FRIENDLY & PROFESSIONAL CHIMNEY SWEEP FULLY INSURED BASED AT ELLERHAYES IN MID DEVON

CERTIFICATED CHIMNEY SWEEPING

- SMOKE DRAW TESTING
- BIRDS NEST REMOVAL
- CHIMNEY STACK RESTORATION
- GENERAL STOVE MAINTENANCE
- PREPARATION OF DISUSED FIREPLACES FOR INSTALLATION OF WOOD BURNING STOVES

**CONTACT VINNY TEL: 01392 881648** 





#### **Bradninch Town Trust**

# The Town Trustees invite your comments and/or suggestions for their planned Guildhall Improvement Project

Bradninch Town Trust are planning substantial improvements to the Guildhall. The aim is to make the upstairs accessible to people with mobility issues and install a disabled person's toilet up there too. There would also be a major refurbishment/ restructuring of all the existing toilets.

The thinking is to install a platform lift in the main entrance area by taking out the store cupboard at ground level and the bar store upstairs. The current bar in the main hall would be replaced by a new bar across the wall at the opposite end to the stage. It is also our intention to add bespoke lockable bar storage units behind the bar to enable the removal of the existing bar store.

The most substantial proposal is to replace the existing single storey kitchen with a two-storey extension which would provide a new kitchen downstairs and the new disabled person's toilet upstairs. There could be a single storey extension linking the new extension to the Billiard room entrance. Hopefully, additional storage space could be incorporated.

Before drawing up plans the Trustees are inviting residents to say what extra facilities they would like to be provided. Once more detailed proposals have been drawn up there will be a presentation to allow residents to comment before drawings are finalised for submission for planning approval.

Please send any suggestions to the Clerk, Mrs Sarah Wicks at:

29 Passmore Road, Bradninch, EX5 4QT, Tel:01392 881869, e-mail:bradninchtt@gmail.com

# Family Dog Show & Car Boot Sale

In aid of St Peter's Church

# CHAMBERLAINS FARM, BRAMPFORD SPEKE SUNDAY 8™ SEPTEMBER

Car Boot Sale from 1.00pm, Dog Show Entries taken from 1.00pm Dog Show commences 2.00pm

#### Fun Classes for all Dogs

No Dog, No Problem – special class for Best Dressed Soft Toy Dog

Schedule available from Molly Luxton, Chamberlains or shirley.madge@btinternet.com

And homemade cake, draw, stalls and Bring & Buy whilst you are enjoying the fun!

#### Silverton & Exe Valley Seniors September 2019 Newsletter

# Events & activities for the 50 plus!

Membership is open to anyone 50 or over living in Silverton and surrounding towns and villages. The Club which organizes outings to places of interest and other social activities such as theatre trips, coffee mornings and whist, has been in existence for 25 years. Annual membership is £5

#### **FORTHCOMING OUTINGS**

Coach pick-ups at Tiverton, Bickleigh, Silverton, Ruffwell, Rewe & Stoke Canon

19<sup>th</sup> SEP Sherborne & Stourhead House

& Gardens £25 (NT members £12)

17<sup>th</sup> OCT National Arboretum Westonbirt &

Tetbury £20

28<sup>th</sup> NOV Winchester Cathedral Christmas

Market £15

Sherborne and Stourhead House & Gardens. On our way to Stourhead we stop at the delightful market town of Sherborne with its Abbey, medieval buildings, shops and Thursday market. Stourhead – once the home of the Hoare family - is one of the classic Palladian style houses with its landscaped gardens which have been described as one of the finest in the world.

# Autumn/Winter Theatre outings at the Princess Theatre Torquay

11 SEP Agatha Christie's Mousetrap
14.30 performance £33
22 OCT Joseph & Amazing Dreamcoat
19.30 performance £35
08 DEC R Marines Christmas Concert
19.30 performance £30

Above prices are inclusive of coach and theatre performance. We arrive Torquay in sufficient time for a meal/refreshments before each show.

If you are interested in any of the above events or would like to join the Club please contact Martin Clough Club Secretary 38 Hederman Close Silverton EX5 4HW Devon Tel: 01392 860971 or e-mail: <a href="mailto:martin.mcassoc@btconnect.com">martin.mcassoc@btconnect.com</a>

# **Culm Valley Firewood**



Seasoned Hardwood Logs & Kindling Call Chris on 01884 32940 Your Local Log Supplier

www.culmvalleylogs.co.uk

# T&DGARDEN MACHINERY SALES \* SERVICING \* REPAIRS

Sales, Servicing and Repairs for most makes of Lawnmowers and Garden Machinery. Servicing of Quad Bikes also available.

For any enquiries or bookings. please don't hesitate to call either:

Office: 01392 861501 Trevor: 07834 317030 or Dean: 07821 784805

Bear

8

Chitterley Business Centre (Unit 20) Silverton EX5 4DB

The Silverton Inn 5 Fore Street Silverton Exeter EX5 4HP Tel:01392

860196



#### Stylish Bedrooms designed to Satisfy

We have seven bedrooms fitted out in a relaxing, contemporary style. All equipped with 32" lcd tv's, each have ironing facilities, hair driers, hospitality trays and complimentary bottled water.

Great Homemade Food, including special themed nights.

#### Monday-Saturday 6-8pm

- ♦ Mon-Grill Night
- ♦ Tues-Meal Deal
- ♦ Wed-Curry Night
- ♦ Thur-Fish & Chip Night

www.thesilvertoninn.com info@thesilvertoninn.com



### **DOG WALKING**

Qualified veterinary nurse with over twenty years experience.



Horses, other pets and livestock also catered for. Just let me know what you need.

Common sense, knowledgeable and individually tailored service.

Please contact

Lucy Coveney on 01392 882575 or 07734 751310



# GCSE Maths Tutoring

Foundation Maths Tutoring in Bradninch

Every child now needs to achieve at least a grade 4 in Maths GCSE.

Does your son/ daughter need extra maths tuition to meet this target?

I have three A-Levels including Maths, a degree in English Literature & a degree in Law.

Over 10 years experience working at a local college supporting students to reach their potential.

£20 per hour/ £10 for first session
Call Karen on 882249 or 07952 242151



Edwards Plumbing Services Hartnoll Business Centre Posthill Tiverton EX16 4NG

- All aspects of Plumbing, Oil & Gasworks
- Bathroom Installations
- Heating & Boiler Installations
- Breakdowns Oil boilers, Aga, Stanley & Rayburn
- Boiler Services & Landlord Certificates
- Central Heating Power Flushing

General Maintenance to Large Contracts T: 01884 798110 M: 07966 103386

epsplumbing@googlemail.com

WRAS







554863

19111699

#### YOGA CLASSES IN BRADNINCH

QUALIFIED AND VERY EXPERIENCED BRITISH
WHEEL OF YOGA TEACHER



7-8.30pm

Monday - Guildhall (Upstairs) Thursday - West End Hall

A fun mixed ability class, developing strength and flexibility. Promoting mindfulness and relaxation.

Contact: sarahfoster123939@gmail.com

# Little Ones Childcare at Budlake

Just 6 miles from Bradninch

little ones We are based in the old school house at Budlake.

This former village school has been sympathetically converted to meet the needs of children aged between 3 months & 5 years.

We have one basic aim – To provide the highest quality childcare & early years education for every child in our care. All our staff are fully qualified AND they all hold a first aid certificate.



We have a lovely cosy baby room for just 9 under 2 year olds. Pampers nappies, wipes, sun creams & all foods are included in our fees.

We only take 29 children per day so there is lots of one to one attention, love & care!

Funding is accepted for 2, 3 and 4 year olds—this can mean up to 15 hours of 'free' childcare per week!

Contact us to find out more or to book a visit... we would love to show you our nursery!

Tel: 01392 882340 or visit www.littleoneschildcare.co.uk

# Walk this way

I have just returned from a walking holiday with my family in the Alps. We certainly expended a lot of calories walking on average 5 hours a day at an altitude of 2,500m between a range of mountain huts. In the evenings we ate a variety of lentil dishes (food was mostly transported in by helicopter) and played a lot of cards. We also chatted with fellow walkers until heading to bed early – there was no specific 'lights out' time as mostly there were no lights to turn out, electricity being a valuable resource in the mountains. We returned refreshed, reinvigorated and a couple of pounds lighter.

The holiday made me reflect once again on the power that walking has on so many aspects of our health. Joints, muscles, weight and balance are all optimized with regular bipedal activity and now new research has confirmed multiple other benefits as well. Walking alleviates the symptoms and stresses of our increasingly sedentary lives and it helps the intestines by keeping the bowels moving so reducing episodes of constipation. It also has a significant effect on the aging process within our brains with some research suggesting it might even reverse it. Recent studies have looked at Walk & Talk groups (exactly like the one run by walkingforhealth.org.uk meeting at 10.00 AM outside Silverton Millennium Hall on Tuesdays and Wednesdays)) and have found that those participating develop more neural pathways, rather than slowly losing them. This all adds to previous research showing how walking can boost creativity, critical thinking and significantly raise our mood levels.

A few centuries ago Hippocrates wrote that walking was 'the best medicine' and there is now a mountain of evidence that he was on to something. Being able to walk on two feet and communicate verbally are probably the two most important features that make humans stand out in the animal kingdom. Exploiting and combining both as a way of protecting our health would seem to be relatively easy to achieve. It can also be incredibly enjoyable with the bonus that any distance at any age will be beneficial. Why not kill two birds with one stone next month by taking the added benefits of a stroll down to one of our Flu Clinics being held this year on the Saturday mornings of 5th & 26th October 9am – 12pm.

For more information about Silverton Walk & Talk go to the Wyndham House Surgery Website, pick up a leaflet at the surgery or contact Wellbeing coordinator Trish Jones on 0748 437 7289 or silverwellbeing@gmail.com

Anthony O'Brien, Wyndham House Surgery

#### Bradninch Repair Café Saturday 7th September Tlam—Tpm St Disen's Hall

Do you have a skill or talent you could share? Can you repair electrical items, sharpen tools, sew or darn. If you are interested we would love to hear from you.

Call Katy on 881034 or Lucy on 881190

### **Country Bumpkin Catering**

Providing food for any occasion

Salads, Buffets and Teas
Reasonable prices
Friendly service
Please contact us for a sample menu
Phoebe - 07860218314
Eleanor - 01884 33507
countrybumpkincatering@gmail.com



# Melody Movement

Melody Bear Dance classes for children aged 12 months upwards

Little Bear feet - movement classes for children aged 12 months + parents and children dance together

Tip Tap Toe - Tap classes for children aged 21/2 years upwards

Pre School Dance - Ballet classes for children aged 21/2 years upwards

For more information contact 01278 434623 or 07788 752491 email tamzynn.fkda@yahoo.com or visit our website www.foxkingdanceacademv.com

# Callum Stone Plumbing Local NVQ Quaified Plumber

Tel: 01884 256758 Mob: 07702 416696

e-mail: cjstone94@googlemail.com



SLATING ◆TILING ◆ LEADWORK ◆ FLAT ROOFING

FASCIA ♦ SOFFITT ♦ GUTTERING
FREE ESTIMATES

NO JOB TOO BIG OR TOO SMALL

FOR ALL YOUR ROOFING REQUIREMENTS CONTACT:

CHRIS ACTON
Tel: 01392 882223 Mob: 07856 722436



## **KEVIN SUSSEX**

Painter & Decorator

Tel: 01392 881961 or Mob: 07919 950222



# Bradninch Folk Club opens at the Guildhall 8pm on 17 September

The 17 September is the start of a new chapter for the Bradninch Folk Club with our relocation to the downstairs room at the Bradninch Guildhall. Sam McCrory is the Guest, supported by two acts for an evening of quality, strong and varied music that fits the ethos of the Bradninch Folk Club. Gayle Peacock has many guises in the Bradninch musical community and she with Frankie Woodhams support opened the last Guest Night at the Castle and will open the first at the Guildhall. Gayle's first performance at the club was in January 2017, an unaccompanied set of mainly Scottish traditional material. If you were lucky enough to hear her at the 2017 Remembrance Day you will be aware of power, clarity and emotion she commanded. Her musical diversity has been honed at BRADFOLK and elsewhere accompanying herself on the guitar into a more contemporary collection of songs.

The second support of the evening is a new collaboration of Sanchia Hylton-Smith and Rev Hammer. They will be presenting largely a new collection of material. Sanchia's music is emotive and rich, an invitation to fall in love with life; its light and its shadows. Like Sandy Denny in conversation with Billie Holliday, her powerful, yet intimate, vocals give the impression she is singing just for you. Rev Hammer has always been a performer and writer with a good track record of such collaborations with bands such as the Levellers and individual performers. Rev Hammer, is a storyteller using songs as his medium. His songs tell of people, places, celebrate the achievements and speak out against injustice. The combination of two strong voices with passions is an exciting treat for the evening.

The main guest for the evening is Sam McCrory. Unplugged from the band FOS Brothers, Sam is back for a solo guest spot Sam brings wit and a sharp eye for songs that resonate with issues of the present. His rich voice and sensitive musical interpretations clearly reveal a deeply loved musical heritage. But remember he is a storyteller from East Belfast who will make you think as well as laugh. Sam is back not just because he is a great entertainer, but as a folk performer he will give you a masterclass.

We are planning to provide a more compact evening for an earlier finish at 10:30. This has at least two advantages; people travelling by bus will have 3 minutes to get to the bus stop for the Exeter bound bus if it is on time and the remainder can pop into the pub for a drink, chat or music session. It is recommended to arrive early with the doors opening at 7.45pm and the performance starting at 8.00pm.

You are assured of a friendly and personal welcome to the club. Entry is £6 per person with accompanied under 18 years free. For more information visit our Facebook Group Page- Bradninch Folk Club or 01392 881105.

P.S. Our Guest for October is the rising star Dom Prag from Southampton.

#### TRADE DIRECTORY - CUT OUT AND KEEP

TRADE DIRECTORY - CUT OUT AND REEP					
Builders & Home Improvement Lawson Home Improvements Neil Hobbs	t <b>s</b> Tel: 01392 881431 Tel: 07739 535476	Home & Garden Maintenance Devon Surface Care Duchy General Maintenance	Tel: 01884 370073 Tel: 01392 881232		
Cake Makers Ellie the Cake Fairy	Tel: 07764 495016	Roland Howlinson Le Breton Traditional	Tel: 01392 881981 Tel: 01392 881654		
Carpentry & Woodworking John Aldridge	Tel: 07971 691141	House Clearance CFS House Clearance	Tel: 01392 881342		
Oak Joinery  Car Repairs	Tel: 01884 820152	Industrial Coatings	Tel: 01884 34506		
C&R Repairs Catering Companies	Tel: 01392 860004	Maths Tutoring Karen	Tel: 01392 882249		
Country Bumpkin Catering Chimney Sweeps	Tel: 01884 33507	Painter & Decorators Rob Partridge	Tel: 01884 34374		
Alexander the Grate Heritage	Tel: 01404 890193 Tel: 01392 881648	Kevin Sussex Plumbers	Tel: 01392 881961		
Appleyards Chiropodists	Tel: 01884 829464	Callum Stone Edwards Plumbing Services	Tel: 07702 416696 Tel: 01884 798110		
F&D Mobile Foot Care Cullompton Foot Care	Tel: 07751 928611 Tel: 01884 39317	H2O Plumbing & Heating Energy Systems SB Plumbing	Tel: 01884 242051 Tel: 01392 860558 Tel: 07486 873298		
Computer Companies Cromel Computers	Tel: 01392 881792	Preschool Facilities Little Ones Childcare	Tel: 01392 882340		
Dancing Schools Fox King Dance Academy Dog Walking	Tel: 01278 434623	Public Houses Crossways Tavern	Tel: 01392 881752		
Lucy Coveney Dani's Paws-n-Claws	Tel: 01392 882575 Tel: 07958 590892	The Silverton Inn  Pump & Water Engineering	Tel: 01392 860196		
Electrical Services H Pring	Tel: 01884 32292	Chenpump  Roofing CA Roofing Services	Tel: 01752 665530 Tel: 01392 881223		
Estate Agents McKinley White	Tel: 01392 860783	Kilbride Roofing Shops	Tel: 01884 252213		
Exercise Classes Move it or Lose it Florist	Tel: 01392 882103	Bradninch Spar Silverton Spar	Tel: 01392 881212 Tel: 01392 860226		
Peonies Firewood	Tel: 01392 881751	Soft Furnishings Cosway Soft Furnishings	Tel: 07701 062902		
Culm Valley Firewood  Garden Landscaping & Design	Tel: 01884 32940	Solicitors Veitch Penny	Tel: 01392 344800		
Adam Montague Baobab Design	Tel: 01392 881873 Tel: 01884 881641	Tree Surgery Four Seasons	Tel: 01884 820839		
Garden Services Garden Machinery Repairs	Tel: 07736 362675	Van Sales Little Copse Garage	Tel: 01392 881224		
T&D Garden Machinery  Hairdressers	Tel: 01392 86150	Veterinary Practices The Vale Veterinary Centre	Tel: 01884 35558		
Flixx Love Hair	Tel: 01392 861558 Tel: 01392 881901	valo votamary outlino	. 3 0 100 1 00000		
Silverton Barbers Shop	Tel: 0796 8171851				

#### **ORGANISATIONS & SERVICES IN BRADNINCH**

Bradninch Acoustic Music Club Bradninch Arts Group Bradninch Baby & Toddler Group Bradninch Baptist Church Bradninch Beekeepers Bradninch Bowls Club Bradninch Cricket Club Bradninch Festival Choir Bradninch Gardening Club Bradninch History Society Bradninch Millers Morris Bradninch Scout Group Bradninch Town Council	tel: 01392 882036 tel: 01392 881873 tel: 01392 881869 tel: 01884 33052 tel: 01392 882444 tel: 01392 881408 tel: 01392 881192 tel: 01392 881454. tel: 01392 881105 tel: 01392 881049 tel: 01392 881049 tel: 01884 855270 tel: 01392 881788 tel: 01392 881641	Bradninch Twinning Association Bradninch WI Bithywind Allotments Charwell Nature Reserve College Surgery Partnership Duchy Pre-School Duchy School Peter Street Gospel Hall Power Cuts Stagecoach Bus Service St Disen's Church The Hele Society The Post Office The Royal British Legion	tel: 01392 881453 tel: 01392 882091 tel: 01392 881641 tel: 01392 881825 tel: 01392 881952 tel: 01392 881975 tel: 01392 881482 tel: 01884 33507 tel: 105 tel: 01392 881733 tel: 01392 882537 tel: 01392 881212 tel: 01392 881677
Bradninch Town Council Bradninch Town Trust	tel: 01392 881641 tel 01392 881869		

#### WHAT'S ON IN BRADNINCH

**SEPTEMBER** 

8th

9th

10th

11th

Ballet

Karate

Taekwondo

**Toddler Group** 

4.00

6.30

6.00

9.30

The Guildhall

**Duchy School** 

The Guildhall

The Guildhall

Ord		7.00	The Cuildhell
2nd 3rd	Yoga Move it or Lose it	7.00 10.30	The Guildhall The Guildhall
4th	Karate	6.30	Duchy School
5th	WI	7.30	The Guildhall
5th	Taekwondo	6.00	The Guildhall
6th	Toddler Group	9.30	The Guildhall
6th	Bradninch Millers Morris	8.00	West End Hall
7th	Twinning CM	10.00	The Guildhall
7th	Luke Taylor Surgery	11.00	The Guildhall
9th	Ballet	4.00	The Guildhall
9th	Pilates	9.00	The Guildhall
9th	Yoga	7.00	The Guildhall
10th	Move it or Lose it	10.30	The Guildhall
10th	Ballet	4.00	The Guildhall
11th	Karate	6.30	Duchy School
12th	Youth Club	7.00	West End Hall
12th	Taekwondo	6.00	The Guildhall
13th	Toddler Group	9.30	The Guildhall
13th	Ballet	2.15	The Guildhall
13th	Bradninch Millers Morris	8.00	West End Hall
14th	Bowls Club CM	10.00	The Guildhall
14th	Film Night	7.30	The Guildhall
16th	Fitness Class	7.30	West End Hall
16th	Pilates	9.00	The Guildhall
16th	Ballet	4.00	The Guildhall
16th	Yoga	7.00	The Guildhall
17th	Ballet	4.00	The Guildhall
17th 17th	Move it or Lose it Folk Club	10.30	The Guildhall
17th		7.30 6.30	The Guildhall
18th	Karate Gardening club	7.30	Duchy School The Guildhall
19th	Taekwondo	6.15	The Guildhall
19th	Library Van	11.00	The Guildhall
20th	Toddler Group	9.30	The Guildhall
20th	Bradninch Millers Morris	8.00	West End Hall
21st	Toddler Group. CM	10.00	The Guildhall
23rd	Fitness Class	7.30	West End Hall
23rd	Ballet	4.00	The Guildhall
23rd	Pilates	9.00	The Guildhall
23rd	Yoga	7.00	The Guildhall
24th	Move it or Lose it	10.30	The Guildhall
24th	Ballet	4.00	The Guildhall
25th	Karate	6.30	Duchy School
26th	Taekwondo	6.30	The Guildhall
27th	Yoga	7.00	West End Hall
27th	Toddler Group	9.30	The Guildhall
27th	Ballet	1.45	The Guildhall
27th	Bradninch Millers Morris	8.00	West End Hall
28th	Cricket Club CM	10.00	The Guildhall
30th	Fitness Class	7.30	West End Hall
30th	Ballet	4.00	The Guildhall
30th	Pilates	9.00	The Guildhall
30th	Yoga	7.00	The Guildhall
ОСТОГ	DED		
OCTO		40.20	The Outlabell
1st	Move it or Lose it	10.30	The Guildhall
2nd	Karate	6.30	Duchy School
3rd 3rd	WI Taekwondo	7.30 6.30	The Guildhall The Guildhall
4th			
4th	Toddler Group Ballet	9.30 1.45	The Guildhall
4th	Bradninch Millers Morris	8.00	The Guildhall West End Hall
5th	WI CM	10.00	The Guildhall
5th	Library Van	11.00	The Guildhall
5th	Luke Taylor Surgery	11.00	The Guildhall
7th	Ballet	4.00	The Guildhall
7th	Pilates	9.00	The Guildhall
7th	Yoga	7.00	The Guildhall
8th	Move it or Lose it	10.30	The Guildhall
8th	Rallet	4 00	The Guildhall

11th	Ballet	1.45	The Guildhall
11th	Bradninch Millers Morris	8.00	West End Hall
12th	Acoustic Group CM	10.00	The Guildhall
14th	Fitness Class	7.30	West End Hall
14th	Pilates	10.00	The Guildhall
14th	Ballet	4.00	The Guildhall
14th	Yoga	7.00	The Guildhall
15th	Move it or Lose it	10.30	The Guildhall
15th	Ballet	4.00	The Guildhall
15th	Folk Club	7.30	The Guildhall
16th	Karate	6.30	Duchy School
16th	Yoga	7.00	West End Hall
16th	Gardening Club	7.30	The Guildhall
17th	Taekwondo	6.00	The Guildhall
18th	Toddler Group	9.30	The Guildhall
18th	Bradninch Millers Morris	8.00	West End Hall
19th	Cancer Reasearch CM	10.00	The Guildhall
21st	Ballet	4.00	The Guildhall
21st	Pilates	9.00	The Guildhall
21st	Yoga	7.00	The Guildhall
22nd	Move it or Lose it	10.30	The Guildhall
22nd	Ballet	4.00	The Guildhall
23rd	Karate	6.30	<b>Duchy School</b>
24th	Taekwondo	12.30	The Guildhall
24th	Library Van	11.00	The Guildhall
25th	Toddler Group	9.30	The Guildhall
27th	Ballet	1.45	The Guildhall
27th	Bradninch Millers Morris	8.00	West End Hall
26th	Culm Valley Misbeat CM	10.00	The Guildhall
26th	Film Night	7.30	The Guildhall
28th	Fitness Class	7.30	West End Hall
28th	Ballet	4.00	The Guildhall
28th	Pilates	9.00	The Guildhall
28th	Yoga	7.00	The Guildhall
29th	Ballet	4.00	The Guildhall
29th	Move it or Lose it	10.30	The Guildhall
30th	Karate	6.30	Duchy School
30th	Yoga	7.00	West End Hall
31st	Taekwondo	6.00	The Guildhall

To book the Guildhall tel: 01392 881869 or e-mail bradninchtt@gmail.com

### **Please Cut Your Speed**

In the last six weeks there have been three accidents on the Silverton-Bradninch road. One of these involved a young lad and his brother who were overtaken by a car going too fast which then had to brake sharply to avoid hitting a car coming the other way. The lad in turn was forced to apply his brakes very hard, came off his bike and injured his shoulder, resulting in a trip to A&E. He was lucky it wasn't worse.

I live on the road and drivers frequently travel too fast along it. Some seem to think that sounding their horns rather than slowing down is a safety measure. It isn't! It is totally pointless. Drivers of other cars won't hear it, all it does is irritate the residents and scare the wildlife!

Please just slow down before there is a fatality. Remember it could be you or a member of your family.

Bradninch Life is published bi-monthly.

Copy for the November issue should reach us by 15th October Please send copy to Little Morland, Bradninch EX5 4NA, or e-mail: bradninchlife@gmail.com

Items will be published at the editor's discretion.

The magazine is delivered free to over 1000 households in Bradninch, Hele & Ellerhayes. Copies are also available at the Spar in Silverton, Spar in Bradninch and the Exe Valley Farmshop, Thorverton.

Read the magazine on line at www.bradninchlife.co.uk.

If you would like to advertise in the next issue please ring Jenny on 01392 881245 or e-mail: bradninchlife@gmail.com